



GCRA Ltd, Office 6 Turriff Business Centre, Markethill Industrial Estate, TURRIFF, AB53 4AG
Telephone 01888 569160 ~ E-mail info@gcra.org.uk. www.gcra.org.uk

Class List – Aberdeen City

LOCATION	9 Classes	VENUE	DAY & TIME
Aberdeen		Kippie Lodge, North Deeside Road, Milltimber	Wednesday 12.35 - 1.35pm
Aberdeen		Beacon Community & Sports Centre, Kepplehills Road, Bucksburn	Tuesday 1.30 – 2.30pm
Aberdeen		Beacon Community & Sports Centre, Keppleshills Road, Bucksburn	Wednesday 5.45 - 6.45pm
Aberdeen		Beacon Community & Sports Centre, Keppleshills Road, Bucksburn	Friday 11am – 12noon
Aberdeen		RGU Sport, Garthdee Campus, Garthdee Road, Aberdeen	Tuesdays 1 - 2 pm
Aberdeen		RGU Sport, Garthdee Campus, Garthdee Road, Aberdeen	Wednesday 11.15am – 12.15pm
Aberdeen		Ashgrove House, ARI, Foresterhill, Aberdeen .	Tuesday 5.45 – 6.45pm
Aberdeen		Ashgrove House, ARI, Foresterhill, Aberdeen	Tuesday 6.45 – 7.45pm
Aberdeen		Ashgrove House, ARI, Foresterhill, Aberdeen	Friday 3pm -4pm

Updated June 2019



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Class List – Aberdeenshire

LOCATION	30 Classes	VENUE	DAY & TIME
Aboyne		The Masonic Hall, Charlestown Road, Aboyne	Tuesday 10 – 11am
Alford		Howe Trinity Parish Church Hall, 110 Main Street, Alford	Wednesday 2pm – 3pm
Banchory		Banchory Sports Centre, Raemoir Road, Banchory	Monday 10.30am – 11.30am
Banchory		Banchory Sports Centre, Raemoir Road, Banchory	Friday 10 – 11am
Banff		Princess Royal Sports & Community Trust, 56 Airlie Gardens, Banff	Wednesday 10am – 11am
Ellon		Ellon Meadows Centre, Meadows Way, Ellon – <u><i>Light & Easy Class</i></u>	Tuesday 10am – 11am
Ellon		Ellon Meadows Centre, Meadows Way, Ellon	Tuesday 11.15am- 12.15pm
Huntly		Linden Centre, Castle Street, Huntly – <u><i>Chair Based Exercise Class</i></u>	Wednesdays 10.30 – 11.30
Insch		Bennachie Leisure Centre, Largie Road, Insch	Monday 2.30pm – 3.30pm
Inverurie		Hopeville Club (Function Suite) Harlaw Road, Inverurie - <u><i>Light & Easy Class</i></u>	Monday 2pm to 3pm
Inverurie		Hopeville Club (Function Suite) Harlaw Road, Inverurie	Monday 11.30 – 12.30pm
Inverurie		Garioch Community Centre, Chelsea Road, Inverurie	Wednesday 6.30 – 7.30pm
Inverurie		Hanover Court, Cuninghill Road, Inverurie – <u><i>Chair Based Exercise</i></u>	Wednesdays 3pm – 4pm
Laurencekirk		Laurencekirk Scout Hut, Charter Lane, Laurencekirk	Wednesday 9.30am – 10.30am
Mintlaw		MACBI Community Hub, Newlands Road, Mintlaw	Tuesday 10.15am to 11.15am
Mintlaw		MACBI Community Hub, Newlands Road, Mintlaw	Thursday 11.30 - 12.30pm
Newmachar		Axis Centre, 9 School Road, Newmachar - <u><i>Gentle Exercise</i></u>	Friday 10.45am – 11.45am
Newmachar		Summerhill House, Newmachar, AB21 0SL – <u><i>Chair Based Class</i></u>	Tuesday 10.30am – 11.30am
Oldmeldrum		Oldmeldrum Town Hall, Market Square, Oldmeldrum	Thursdays 11am – 12noon
Peterhead		The Rescue Hall, 25 Prince Street, Peterhead	Tuesday 5.30 – 6.30pm
Peterhead		The Rescue Hall, 25 Prince Street, Peterhead	Thursday 4.00 – 5.00pm
Pitmedden		Pitmedden Hall, Pitmedden – <u><i>Chair Based Exercise Class</i></u>	Friday 10am – 11am
Portsoy		Portsoy Scout Hut, Loch Soy, Portsoy	Tuesday 11.15am – 12.15pm
Portsoy		Portsoy Sports Centre, Seafield Street, Portsoy	Thursday 1.30 – 2.30pm
Stonehaven		Stonehaven Town Hall, 36 Allardice Street, Stonehaven	Tuesday 2 – 3pm
Stonehaven		Community Centre , Bath Street , Stonehaven - <u><i>Chair Based Exercise Class</i></u>	Thursday 11am – 12noon
Turriff		Dawson Court, Victoria Terrace, Turriff	Thursday 5pm – 6pm
Turriff		Dawson Court, Victoria Terrace, Turriff - <u><i>Light & Easy Class</i></u>	Monday 12.30pm -1.30pm
Westhill		Westdyke Leisure Centre, 4 Westdyke Avenue, Westhill	Friday 1pm – 2pm
Westhill		Westdyke Leisure Centre, 4 Westdyke Avenue, Westhill	Monday 12.15 – 1.15pm