

**April 2020 – February 2021 AVAILABLE FOR
HEALTHY HELPINGS GLASSGREEN, ELGIN**

- **Thursday 2nd April – Thursday 7th May 2 – 3 pm
Health Education Room (Michelle) MHH70**
- **Monday 11th May – Monday 15th June 10-11am
Moray College (Linda) MHH71**
- **Thursday 2nd July – Thursday 6th August 2 – 3 pm
Health Education Room (Michelle) MHH72**
- **Monday 7th September – Monday 12th October 10-11 am
Moray College (Linda) MHH73**
- **Thursday 29th October – Thursday 3rd December 2 – 3 pm
Health Education Room (Michelle) MHH74**
- **Monday 18th January – Monday 22nd February 10-11 am
Moray College (Linda) MHH75**