**Week \_\_\_\_ Tick if you have had**

**MONDAY**

**Breakfast Lunch Tea Healthy snack Drinks**

**![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\PXZQY9PR\cereal[1].jpg]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\Z79FLSKB\sandwich-parts[1].png]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\foodtouch[1].jpg]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\100px-Red_apple.svg[1].png]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\13607000-vaso-de-agua-con-paja-en-el-estilo-de-dibujo[1].jpg]()**

**TUESDAY**

**Breakfast Lunch Tea Healthy snack Drinks**

**![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\PXZQY9PR\cereal[1].jpg]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\Z79FLSKB\sandwich-parts[1].png]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\foodtouch[1].jpg]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\100px-Red_apple.svg[1].png]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\13607000-vaso-de-agua-con-paja-en-el-estilo-de-dibujo[1].jpg]()**

**WEDNESDAY**

**Breakfast Lunch Tea Healthy snack Drinks**

**![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\PXZQY9PR\cereal[1].jpg]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\Z79FLSKB\sandwich-parts[1].png]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\foodtouch[1].jpg]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\100px-Red_apple.svg[1].png]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\13607000-vaso-de-agua-con-paja-en-el-estilo-de-dibujo[1].jpg]()**

**THURSDAY**

**Breakfast Lunch Tea Healthy snack Drinks**

**![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\PXZQY9PR\cereal[1].jpg]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\Z79FLSKB\sandwich-parts[1].png]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\foodtouch[1].jpg]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\100px-Red_apple.svg[1].png]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\13607000-vaso-de-agua-con-paja-en-el-estilo-de-dibujo[1].jpg]()**

**FRIDAY**

**Breakfast Lunch Tea Healthy snack Drinks**

**![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\PXZQY9PR\cereal[1].jpg]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\Z79FLSKB\sandwich-parts[1].png]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\foodtouch[1].jpg]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\100px-Red_apple.svg[1].png]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\13607000-vaso-de-agua-con-paja-en-el-estilo-de-dibujo[1].jpg]()**

**SATURDAY**

**Breakfast Lunch Tea Healthy snack Drinks**

**![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\PXZQY9PR\cereal[1].jpg]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\Z79FLSKB\sandwich-parts[1].png]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\foodtouch[1].jpg]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\100px-Red_apple.svg[1].png]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\13607000-vaso-de-agua-con-paja-en-el-estilo-de-dibujo[1].jpg]()**

**SUNDAY**

**Breakfast Lunch Tea Healthy snack Drinks**

**![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\PXZQY9PR\cereal[1].jpg]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\Z79FLSKB\sandwich-parts[1].png]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\foodtouch[1].jpg]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\100px-Red_apple.svg[1].png]() ![C:\Users\heslos\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5BDURLK0\13607000-vaso-de-agua-con-paja-en-el-estilo-de-dibujo[1].jpg]()**